



Daily Lunch Specials Menu

for Monday, February 12, 2018

SOUPS

<i>Chicken w/Quinoa & Kale</i>	\$ 3.75 Pint
<i>Corn Chowder w/Cilantro - Vegan</i>	\$ 3.75 Pint
<i>ORGANIC Red Lentil - Vegan</i>	\$ 4.75 Pint

HOT BAR

Any Regular Item Combination ONLY \$ 7.99 Lb.

<i>Antibiotic Free Chicken Cutlets Parmigiana</i>
<i>Brussels Sprouts w/Onion</i>
<i>Loin of Pork w/Mustard Crust</i>
<i>Mashed Potatoes w/Garlic</i>
<i>Spaghetti w/Tomato Sauce</i>
<i>Yellow Rice w/Green Peas</i>

SANDWICHES/WRAPS

1. Mortadella & Provolone Sandwich	\$ 9.50 Each
<i>Italian Mortadella, Provolone Cheese, Tomato, Arugula and Deli Mustard on Italian Baguette</i>	
2. Turkey Breast Sandwich	\$ 9.50 Each
<i>Free Range Southwestern Style Turkey, Avocado, Pickled Jalapeno Peppers, Tomato, Onion, Arugula and Mayo on Whole</i>	
^{Whole Wheat Bread} 3. Le Roule Cheese Sandwich	\$ 9.00 Each
<i>French Le Roule Cheese, Avocado, Tomato, Cucumber, Shredded Carrots, Sprouts, Red Cabbage, Lettuce and Herb Mayo on</i>	
^{Whole Wheat Bread} 4. Organic Pepper Jack Sandwich	\$ 8.50 Each
<i>Organic Pepper Jack, Avocado, Tomato, Cucumber, Carrot, Cabbage, Sprouts, Lettuce and Herb Mayo on Organic Ciabatta</i>	
^{Flour} 5. Artichoke Salad Wrap	\$ 9.00 Each
<i>Artichoke Salad, Avocado, Tomato, Cucumber, Homemade Roasted Pepper, Spinach, Olive Oil and Balsamic Vinegar on WW</i>	
^{Wheat}	

FEATURED SPECIALS

SALAD of the DAY- Caesar Salad	\$ 5.99 Lb.
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