



# Daily Lunch Specials Menu

for Wednesday, December 6, 2017

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## SOUPS

<i>Chicken w/Quinoa &amp; Kale</i>	\$ 3.75 Pint
<i>Ukrainian Borscht - Vegan</i>	\$ 3.75 Pint
<i>ORGANIC Cream of Mushrooms</i>	\$ 4.75 Pint

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## HOT BAR

Any Regular Item Combination ONLY \$ 7.99 Lb.

<i>Antibiotic Free Chicken Curry</i>
<i>Baby Carrots w/Dill</i>
<i>Beef Stroganoff</i>
<i>Egg Fettuccine</i>
<i>Mashed Potatoes w/Basil</i>
<i>Rice w/Chickpeas</i>

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## SANDWICHES/WRAPS

<b>1. Fresh Mozzarella on Sourdough</b>	\$ 7.95 Each
<i>Fresh Mozzarella Cheese, Tomato, Basil, Olive Oil and Balsamic Vinaigrette</i>	
<b>2. Turkey Pastrami Sandwich</b>	\$ 9.50 Each
<i>Free Range Turkey Pastrami, Avocado, Tomato, Arugula, Onion and Herb Mayo on Sliced Rye Bread</i>	
<b>3. Goat Cheese Sandwich</b>	\$ 8.50 Each
<i>Fresh Goat Cheese, Tomato, Cucumber, Avocado, Fresh Basil and Basil Pesto on Organic Ciabatta Hero</i>	
<b>4. Brie Sandwich</b>	\$ 8.50 Each
<i>Brie Cheese, Avocado, Cucumber, Tomato, Sprouts, Cabbage, Carrots, Lettuce and Herb Mayo on Pumpernickel</i>	
<b>5. Chorizo Seitan Sandwich</b>	\$ 9.50 Each
<i>Chorizo Seitan, Avocado, Tomato, Homemade Roasted Peppers, Organic Kale, Onion and Vegan Mayo on Organic 7-Grain Hero</i>	

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## FEATURED SPECIALS

<i>Whole Wheat Cheese Pizza w/Vegetables</i>	\$ 4.25 Slice
<i>SALAD of the DAY- Napa Cabbage Salad</i>	\$ 5.99 Lb.

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