



Daily Lunch Specials Menu

for Wednesday, October 11, 2017

SOUPS

<i>Chicken Egg Drop</i>	\$ 3.75 Pint
<i>Red Borscht - Vegan</i>	\$ 3.75 Pint
<i>COLD SOUP Organic Papaya</i>	\$ 5.99 Lb.
<i>ORGANIC Cream of Mushrooms</i>	\$ 4.75 Pint

HOT BAR

Any Regular Item Combination ONLY \$ 7.99 Lb.

<i>Antibiotic Free Stuffed Cabbage w/Meat</i>
<i>Cheese Tortellini</i>
<i>Mashed Potatoes w/Basil</i>
<i>Organic Roasted Chicken Thighs</i>
<i>Peas & Corn</i>
<i>Rice w/Saffron & Chickpeas</i>

SANDWICHES/WRAPS

1. Fresh Mozzarella on Sourdough	\$ 7.95 Each
<i>Fresh Mozzarella Cheese, Tomato, Basil, Olive Oil and Balsamic Vinaigrette</i>	
2. Turkey Pastrami Sandwich	\$ 9.50 Each
<i>Free Range Turkey Pastrami, Avocado, Tomato, Arugula, Onion and Herb Mayo on Sliced Rye Bread</i>	
3. Goat Cheese Sandwich	\$ 8.50 Each
<i>Fresh Goat Cheese, Tomato, Cucumber, Avocado, Fresh Basil and Basil Pesto on Organic Ciabatta Hero</i>	
4. Brie Sandwich	\$ 8.50 Each
<i>Brie Cheese, Avocado, Cucumber, Tomato, Sprouts, Cabbage, Carrots, Lettuce and Herb Mayo on Pumpernickel</i>	
5. Chorizo Seitan Sandwich	\$ 9.50 Each
<i>Chorizo Seitan, Avocado, Tomato, Homemade Roasted Peppers, Organic Kale, Onion and Vegan Mayo on Organic 7-Grain Hero</i>	

FEATURED SPECIALS

<i>Whole Wheat Cheese Pizza w/Vegetables</i>	\$ 4.25 Slice
<i>SALAD of the DAY- Napa Cabbage Salad</i>	\$ 5.99 Lb.