



# Daily Lunch Specials Menu

for Friday, June 23, 2017

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## SOUPS

<i>Fish</i>	\$ 3.75 Pint
<i>Italian Minestrone</i>	\$ 3.75 Pint
<i>COLD SOUP Gazpacho</i>	\$ 4.95 Pint
<i>ORGANIC Black Bean w/Red Peppers - Vegan</i>	\$ 4.75 Pint

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## HOT BAR

Any Regular Item Combination ONLY \$ 7.99 Lb.

*Breaded Flounder Fish Fillet w/Tartar Sauce*

*Brown Rice*

*Brussels Sprouts w/Onion*

*Eggplant Parmigiana*

*Pasta*

*Roasted Red Potatoes*

*Steamed Pierogi w/Sauerkraut & Mushrooms*

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## SANDWICHES/WRAPS

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| <b>1. Salami &amp; Provolone Sandwich</b>   | \$ 9.50 Each |
| <i>All Natural Genoa Salami, Provolone Cheese, Roasted Red Peppers, Lettuce and Deli Mustard on Italian Baguette</i>                            |              |
| <b>2. Tuna Salad Sandwich</b>   | \$ 7.95 Each |
| <i>Tuna Salad, Tomato, Cucumber, Arugula and Onion on Pumpernickel Bread</i>  |              |
| <b>3. Gouda Cheese Wrap</b>   | \$ 9.00 Each |
| <i>Raw Cow's Milk Aged Gouda, Avocado, Cucumber, Tomato, Sprouts, Carrots, Arugula and Herb Mayo on WW Wrap</i>                                 |              |
| <b>4. Vegan Ground "Beef" Sandwich</b>  | \$ 9.50 Each |
| <i>Vegan Ground Beef Style, Pickled Jalapeno Peppers, Onion, Roasted Peppers, Tomato, Spinach and Vegan Mayo on Organic 7-<br/>Grain Hoagie</i> |              |
| <b>5. Vegan Chicken Wrap</b>  | \$ 8.95 Each |
| <i>Vegan Tofurky Chicken, Onion, Roasted Peppers, Fresh Tomato, Avocado, Spinach, Vegan Mayo on WW Wrap</i>                                     |              |

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## FEATURED SPECIALS

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| <b>SALAD of the DAY- Caesar Salad</b> | \$ 5.99 Lb. |
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